

## Logophobia

I see,  
a sea  
of letters in the state of duress.  
Aghast,  
harassed  
by words exuding fear in excess.

Frightened!  
Tightened  
my eye lids shut, abhorring what's said.  
Retract,  
redact,  
and detox this literary lead.

Hateful.  
Wasteful,  
for these utterances bring calamity.  
Nuisance?  
*You* since  
words hurt me as I declare indemnity.

Snored,  
doored—  
preventative measures against this ink.  
Feedback?  
Bring back  
visuals that forgo the urge to think.

Fine,  
whine  
about my attention span so strobic.  
So!  
No,  
does 'doomscrolling' make me logophobic.

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## Note

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